

Absorb the Light – Sun. Morn., July 24, 2016

In the past I have preached on the “Light of Christ” from the view point of dispelling darkness with the Light and reflecting the Light. Today, I want us to consider how we as Christians are to absorb more of the Light of Christ so it fills our life. So how do we absorb more of the Light? Before I answer that, we need to understand two things:

1. The “Light” being referred to is not physical, but is instead spiritual.

You as Christians know what the Light is! **(John 8:12)**

Then Jesus spoke to them again, saying, “I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life.”

Every Christian has this Light in them, because they’ve received Christ, “The Light”, into their lives!

2. What does the Light do?

It reveals our path in life.

(Psalm 119:105)

Your word is a lamp to my feet and a light to my path.

It reveals truth.

(Ephesians 5: 11-13)

11 And have no fellowship with the unfruitful works of darkness, but rather expose them. 12 For it is shameful even to speak of those things which are done by them in secret. 13 But all things that are exposed are made manifest by the light, for whatever makes manifest is light.

It produces life.

(Note- Life: Living; Manner of Life)

(John 1: 4-5)

4 In Him was life, and the life was the light of men.

5 And the light shines in the darkness, and the darkness did not comprehend it.

So, back to the original question: “How do we absorb more of the Light?”

Answer: Choose to fill your spiritual eyes with the Light. Your spiritual eyes are like a sponge. You place a sponge into situations where you need to absorb up a liquid.

Your spiritual eyes must be placed into situations that allow them to absorb in Christ’s Light.

Let’s look at **(Luke 11: 33-34)**

33 “No one, when he has lit a lamp, puts it in a secret place or under a basket, but on a lampstand, that those who come in may see the light.

34 The lamp of the body is the eye. Therefore, when your eye is good, your whole body also is full of light. But when your eye is bad, your body also is full of darkness. **Bright Shining/Lightening, Moral Illumination**

Jesus gave us 3 examples of how to keep light in our eye:

Live by The Word.

(Matthew 4: 4)

4 But He answered and said, “It is written, ‘Man shall not live by bread alone, but by every word that proceeds from the mouth of God.’”

Don't provoke or test God.

(Matthew 4:7)

7 Jesus said to him, "It is written again, 'You shall not tempt the Lord your God.'"

Worship and Serve God.

(Matthew 4:10)

10 Then Jesus said to him, "Away with you, Satan! For it is written, 'You shall worship the Lord your God, and Him only you shall serve.'"

And the Apostle Paul tells us how to guard our eye from darkness in **(Philippians 4:8)**

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

We must absorb in the Light through thinking on what is good by God's standards in our life and in our world. So pay attention to what you are watching, listening to and reading.

When we combine this with absorbing in His Word our spiritual eyes become full of "The Light" of Jesus! We are absorbing more of The Light!