#### Be Resolved!

Sunday Morning, November 9, 2014

**Thesis:** God Wants Us To Find Peace, Hope, and Joy, By Having A Thankful Heart Through Burdensome Times

**Introduction:** Anxiety is as Opposite To Faith As Hot is as Opposite To Cool

### (Psalm 62:8)

Trust in Him at all times, you people; Pour out your heart before Him; God is a refuge for us. Selah

God is Our Refuge!

## I. Be Resolved to Have Peace and Thankfulness in Burdensome Times (Philippians 4: 6 - 7)

6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God:

7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Don't Worry!

### (I Thessalonians 5:18)

in everything give thanks; for this is the will of God in Christ Jesus for you. Find Hope!

### (James 5:13)

Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing psalms.

Be of Good Cheer and Pray!

### (Colossians 3:15)

And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.

Be Resolved to Have Peace and Thankfulness

Resolve anxiety through a thankful heart.

# II) Be Resolved To Give Your Burden(s) To The Lord (Psalm 55:22)

Cast your burden on the Lord, and He shall sustain you; He shall never permit the righteous to be moved.

### (Psalm 37:5)

Commit your way to the Lord, Trust also in Him, and He shall bring it to pass.

Be resolved to **commit** your **burden**(s) to the Lord.

### (III) Find Resolve Through Earnest Prayer

Summary of I Samuel 1: 1 - 9

Elkanah had two wives. Peninnah had children, but Hannah had no children. He loved Hannah, although the Lord had closed her womb. Peninnah provoked her severely, to make her miserable. They went as custom to worship and sacrifice to the Lord in Shiloh.

### (I Samuel 1: 10 - 20)

10 And she *(Hannah)* was in bitterness of soul, and prayed to the Lord and wept in anguish.

11 Then she made a vow and said, "O Lord of hosts, if You will indeed look on the affliction of Your maidservant and remember me, and not forget Your maidservant, but will give Your maidservant a male child, then I will give him to the Lord all the days of his life, and no razor shall come upon his head."

12 And it happened, as she continued praying before the Lord, that Eli watched her mouth.

13 Now Hannah spoke in her heart; only her lips moved, but her voice was not heard. Therefore Eli thought she was drunk.

(More of Passage on next page)

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- 14 So Eli said to her, "How long will you be drunk? Put your wine away from you!"
- 15 But Hannah answered and said, "No, my lord, I am a woman of sorrowful spirit. I have drunk neither wine nor intoxicating drink, but have poured out my soul before the Lord.
- 16 "Do not consider your maidservant a wicked woman, for out of the abundance of my complaint and grief I have spoken until now."
- 17 Then Eli answered and said, "Go in peace, and the God of Israel grant your petition which you have asked of Him."
- 18 And she said, "Let your maidservant find favor in your sight." So the woman went her way and ate, and her face was no longer sad.
- 19 Then they rose early in the morning & worshiped before the Lord, and returned and came to their house at Ramah. And Elkanah knew Hannah his wife, and the Lord remembered her.
- 20 So it came to pass in the process of time that Hannah conceived and bore a son, and called his name Samuel, saying, "Because I have asked for him from the Lord."

Know God's care and compassion for you and <u>discover</u> His <u>resolve</u> to your heartache(s).

#### **Conclusion:**

God Wants Us To Find Peace, Hope, and Joy, By Having A Thankful Heart Through Burdensome Times